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stopbullying.gov News and Information



Everyone Can Help Prevent Bullying

October is National Bullying Prevention Month. 1 in 5 high school students report being bullied at school and 1 in 6 report being cyberbullied. Everyone can help prevent bullying by bringing together the power of our communities. Communitywide strategies can help identify and support children who are bullied, redirect the behavior of children who bully others, and change the attitudes of adults and youth who witness bullying behaviors in peer groups, schools, and communities.

- Work Together: Bullying doesn't happen only at school. Community
 members can use their unique strengths and skills to prevent bullying
 wherever it occurs.
- Involve Potential Partners: Include anyone who wants to learn about bullying and reduce its impact in the community. Consider contacting

- businesses, local associations, and adults who work directly with kids, parents, and youth.
- Develop Community Strategies: Assess your community's strengths and needs. Consider who is most affected, where bullying occurs, and what kinds of bullying happen most. Think about using opinion surveys, interviews, and focus groups to answer these questions. Once you have identified the strengths within your community, you can develop a comprehensive community strategy to address the identified needs.

Learn more ways communities can prevent bullying on StopBullying.gov.

Three Ways Health Care Providers Can Prevent Bullying

Health care providers play a critical role in identifying and addressing bullying in their communities. Dr. Rachel Levine, the Assistant Secretary for Health at the U.S. Department of Health and Human Services, is urging everyone to get involved in bullying prevention. Watch here.

Register Today! Attend the Department of Justice's Virtual Symposium on **Understanding and Preventing Youth Hate Crimes and Identity-Based Bullying**

This symposium will address current trends and research on identity-based bullying, cyberbullying, youth-related hate crimes, and how hate groups use social media and technology to reach, recruit, and radicalize youth. It will also provide programs and best practices from experts in the field on how schools, families, law enforcement, and communities can work together to build protective factors in youth and help youth resist and disengage from extremist hate groups.

October 27-28, 2021

Register to attend

Additional Resources

- The Office of Juvenile Justice and Delinquency Prevention's (OJJDP's) Model Programs Guide (MPG) contains information about evidence-based juvenile justice and youth prevention, intervention, and reentry programs.
- The Youth.gov Program Directory features evidence-based programs whose purpose is to prevent and/or reduce delinquency or other problem behaviors in young people.
- Three Bold Steps for School Community Change: A Toolkit for Community <u>Leaders</u> (Safe Schools/Healthy Students). This kit shows how partnerships with people from different parts of a community can create positive, lasting change for students.
- Striving to Reduce Youth Violence Everywhere (STRYVE) is a national youth violence prevention effort. STRYVE Online helps communities with access to information and tools, effective strategies, training and technical assistance, and online community workspaces.
- Bullying and Pediatricians | StopBullying.gov includes guidance for healthcare providers to identify and address bullying in our communities.

• <u>Bullying Prevention in Extra-Curricular Activities | StopBullying.gov</u> contains information for coaches, instructors, and leaders in extra-curricular activities on ways that can have a positive impact on the children in their programs and prevent bullying.

Watch for Upcoming Events, Resources, and eBlasts in the Future!

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